



Johnston JCC

January 2024

Important Dates

Jan. 9- 5th grade James Madison Orientation at 5 PM
6th Grade James Madison Orientation at 7PM

Jan. 15- No School: MLK Day

Jan. 22- No School

Jan. 29- 3/4 Choir Concert at 6:00 PM

Do you have Facebook?

Awesome, so do we! Like our page to see updates, events, and fun tidbits.



Announcements

-In February Student Council will be having a Playdoh Fidget Sale

More information will be coming soon!

-Please be on the lookout for information about how to register for our upcoming Black History Month event!



SPIRIT WEEK

Student Council will be sponsoring Spirit Week at Johnston the Week of January 29, 2024

- Monday: PJ Day**
- Tuesday: Johnston School Colors**
- Wednesday: Wacky Wednesday**
- Thursday: Twin Day**
- Friday: Wear Red, White, & Blue**

Contact Information

2725 E Forest St Appleton, WI 54915

Phone: 920-852-5505

lowrybrenda@asd.k12.wi.us
<https://johnston.asd.k12.wi.us/>



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A FEW WORDS FROM OUR PRINCIPAL

Welcome Back to a New Year, New Learning, and New Adventures Await!

We hope you and your family had a restful and joyous holiday season. As the crisp January air invigorates us, we at Johnston are thrilled to welcome back our students for a semester filled with exciting learning, enriching activities, and opportunities for growth.

Student attendance continues to be important and attendance matters! Please be mindful that students are not to be absent exceeding 10 days out of the entire school. Students need to attend school regularly during the full period and be on time each and every day. In order for us to have accurate information, we urge you to continue to call in absences by 9:00 a.m. In addition, please inform us of your child's symptoms that require an absence. If you have any questions about attendance, please reach out to our Dean of Students, Tammy LaBorde at LABORDETAMMY@aasd.k12.wi.us or call our school at (920) 852-5505.

As Wisconsinites, we are often greeted by the New Year with winter storms or arctic blasts that lead many of us to wish we were somewhere warmer. Please refer to our school closure information and keep in mind our 2 Hour Delay Policy should we have a delayed start. If we were to have a delayed start, students should report to the school no earlier than 10:10 AM when we are delayed two hours. There will be no supervision before this time. I would also like to give a friendly reminder to help make sure that your child is dressed appropriately for the weather. When the temperature is zero and above, or the wind chill is above -10 degrees, the students will be outside for recess. Please refer to our Appleton Area School District Homepage for school closing information due to extreme cold or other reasons for school cancellation.

This is an important reminder to all of you if you have not already done so to please complete our Free and Reduced Form. Our school qualifies for free lunch, breakfast, and snacks for all of our students through state and federal programs due to our school qualifying with this information. Your help and attention to this is appreciated!

As we continue to emphasize the safety of our students and your child, please make sure you sign in to our office when you come to visit during school hours. You must have an identification pass issued by the office if you would like to enter the building beyond the office.

Parking and traffic around Johnston can be frustrating, but please help us ensure our students' safety. Traffic and parking rules around schools are created for the safety of our students. Please follow all posted signs. A reminder that the school parking lot is NOT a drop-off zone; this is because many students cross in front of the lot on the sidewalk. Reducing the traffic in/out allows for our students to walk safely near this parking lot.

We believe that strong communication and collaboration between school and home are essential for our students' success. Please don't hesitate to reach out to your child's teacher, counselor, or any other staff member if you have any questions or concerns. We are here to support you and your family throughout the year.

Let's make January a month of learning, growth, and community!

Sincerely,

A handwritten signature in black ink, appearing to read 'MaiKou Heu'.

MaiKou Heu
Principal



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A LETTER FROM THE NURSE



HEALTH SERVICES * P.O. Box 2019, Appleton, WI 54911 * 920-852-5344

Healthy Sleep



Like eating well and being physically active, getting a good night's sleep is essential to the well-being of students and staff. A number of vital tasks carried out during sleep help maintain good health and enable people to function at their best. Not getting enough sleep can be dangerous and contribute to poor health.

Both the amount and quality of sleep affect how well people learn and remember as well as perform tasks like problem-solving and staying focused. Insufficient sleep causes people to be irritable and adversely affects behavior. Poor quality sleep on a regular basis increases the risk of having high blood pressure, obesity, heart disease, and other medical conditions.

Here is the CDC's recommended hours of sleep:

Preschool	3–5 years	10–13 hours per 24 hours (including naps)
School Age	6–12 years	9–12 hours per 24 hours
Teen	13–18 years	8–10 hours per 24 hours
Adult	18–60 years	7 or more hours per night
	61–64 years	7–9 hours
	65 years and older	7–8 hours

Here are some of their suggestions to improve sleep health:

- Be consistent. Go to bed at the same time each night and get up at the same time each morning, including on the weekends
- Make sure your bedroom is quiet, dark, relaxing, and at a comfortable temperature
- Remove electronic devices, such as TVs, computers, and smartphones, from the bedroom
- Avoid large meals, caffeine, and alcohol before bedtime
- Get some exercise. Being physically active during the day can help you fall asleep more easily at night.

Reminder

Parents please remember it is your responsibility to notify the school and teachers that your child is absent by 9:00 am. Call the office at (920) 852-5505 and email your child's teacher to let them know your child will be absent and why. If your child rides the bus, contact Lamers at (920) 832-8800 to let them know they will not be riding the bus.

If you did not report your child's absence, you will receive a robocall in the morning or in the afternoon reminding you to call the school. If we do not receive a call or email from you, your child will be marked as unexcused

Please email Mrs. Hughes at hugheskylie@asd.k12.wi.us or Mrs. Lowry at lowrybrenda@asd.k12.wi.us to let her know your child was absent and why.



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THIS MONTH IN PHY. ED.

This month the K/2 students are wrapping up their Lifetime Fitness unit. During this unit we discussed which activities do they enjoy, what activities do they dislike, and what activities are the most challenging for them. In addition we discuss how to overcome challenges by working hard, never giving up, and trying our best. We will begin to work on our Health-Related Fitness Component unit where we discuss Muscular Strength, Muscular Endurance, Flexibility, Cardiovascular Endurance, and Body Composition.

The 3/6 Students are also wrapping up their Lifetime Fitness. They will begin to work on expanding their knowledge on the 5 Health Related Fitness Components (Muscular Strength, Muscular Endurance, Flexibility, Cardiovascular Endurance, and Body Composition). Afterwards, we will begin to get into our Striking unit with activities like Pickleball, Badminton, and Tennis.

-Mr. Weinzetl

ART CLASS

What's Happened so Far...



Polar Express
5th grade learned about one point perspective and created a polar express drawing.



Art Club

We are in the process of making miniature clay houses.



Bobble Heads
4th graders are having a blast with their clay bobble heads. Can you guess what animals they are making?

WHAT SHOULD I WEAR TO RECESS

LABEL ALL ITEMS TO ENSURE EASY RETURN IF LOST

If the "feels like" temperature is...	You should be wearing...	This looks like...
32 degrees and below	Must have all 3 things: Jacket, hat and mittens/gloves If there is snow- You need snow pants and boots to leave the blacktop	
33 - 44 degrees	Must have an outer layer with a zipper. If there is snow on the ground, must have snow pants and boots to leave the blacktop	
45 degrees and above	Wear a sweatshirt or light jacket if you are chilly, you will not be able to go back inside to get one if you are cold.	

YUAV HNAV DAB TSI MUS UA SI NRAUM ZOOV SAU NPA RAU TAG NROG COV KHOOM KOV PAUB MEEJ TIAS YOG KOJ LI THIAB YOG PLOJ THIAB PAUB TIAS YOG KOJ LI

Yog tias "xav zoo li" qho so losis no yog...	Koj yuav tsum hnayv...	Ghov no zoo li...
qho so thiab no yog 32 los yog qis dua	Yuav tsum muaj 3 yam: lub tsho loj, kaus mom thiab hnab loj tes Yog muaj daus- Koj yuav	
qho so thiab no yog 33-44	Must have an outer layer with a zipper. If there is snow on the ground, must have snow pants and boots to leave the blacktop	
qho so thiab no yog 45	Wear a sweatshirt or light jacket if you are chilly, you will not be able to go back inside to get one if you are cold.	

LO QUE DEBO USAR EN EL RECREO

PONGA EL NOMBRE DEL ALUMINO EN CADA ARTICULO, POR SI SE PIERDE, ASEGURARUNA FÁCIL DEVOLUCIÓN

Si la sensación térmica es de...	Tú debes usar...	Así es como se ve ...
0° centigrados o menos	Debes usar las tres cosas: Chamarra, gorro y guantes Si hay nieve - Debes usar pantalones y botas para nieve para salir del asfalto (blacktop)	
1° - 6° Centigrados	Debes usar una capa exterior con cierre (cremallera) Si hay nieve en suelo, debes usar pantalones y botas para nieve para salir del asfalto.	
Por encima de 7° centigrados	Usar sudadera o chamarra ligera. Si no usas cualquiera de las dos opciones y sientes frío, no podrás regresar adentro para traer una.	



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January 2024

MUSTANG MEETING DATES

Johnston Elementary Student Council



MEETING DATES

All meetings will begin at 7:40 AM in Mrs. LaBorde's room.
The meeting will be the third Friday of each month.

- Friday, November 17th
- Friday, December 15th
- Friday, January 19th
- Friday, February 16th
- Friday, March 15th
- Friday, April 19st

SAFETY PATROL

Week of January 2 - 5

Peyton G	Cambria M
Cooper G	Emma M
Seeley H	Hallie W

Week of January 8 - 12

Emma E	Kai S
Allie J	Calleigh W
Ethan S	Alexander W

Week of January 16 - 19

Nathan V	Hallie W
Kongolo K	Isabella M

Week of January 23 - 26

Matthew C	Isabella M
Lily G	Alayna S
Danny H	Ezra S

Week of January 29 - February 2

Grady B	Damon K
Nadia D	Jocelyn L
Damon G	Chase C

BOX TOPS

We are still collecting box tops for our school! You can download the app on your phone and upload or scan your receipts to earn us points! Just be sure to select Johnston Elementary/ Montessori as your school of choice and all rewards will come directly to us.

We hope you can help us by earning rewards for our school!

SPEAK UP, SPEAK OUT APP

If you think there is a threat to you, a friend, your school, or the community, don't wait. SPEAK UP, SPEAK OUT with an anonymous tip that can bring much needed help. Students, parents, school staff, or any community member can submit a school safety concern or threat via a website, mobile phone application, or toll-free number.

Copy the Link below for info or to report something:

https://www.aasd.k12.wi.us/families/bullying---pbis/bully---incident_reporting_